

Upcoming Events

What's On Weekly...

April
2025



Monday

Ally Bally Boogie Baby

10am - 10.45am

Sit Fit

11.15am - 12pm

Kids Art Class

4pm - 5pm

Imaginative Art

5.30pm - 7.30pm

All at No.18 Venue,
Farmeloan Road, Rutherglen



Tuesday

Guided Ride - from 15 April (cycling for adults)

The Bothy, Cuningar Loop,
Rutherglen, 11am - 12pm



Wednesday

Sew and Be Social

No.18 Venue, Farmeloan Rd,
Rutherglen, 10am - 11.30am



Ally Bally Beats

No.18 Venue, Farmeloan Rd, Rutherglen
10am - 10:45am (toddlers)
11:15am - 12pm (babies)

Growing Club

Clydesmill Community Fire Station,
Cambuslang, 10am - 12.30pm

Walk Way Us

West & Wardlawhill Church, Western Ave,
Rutherglen, 12.15pm - 1.45pm

Dancercise Rutherglen

No.18 Venue, Farmeloan Road,
Rutherglen, 1pm - 1.45pm

Kettlercise

No.18 Venue, Farmeloan Road,
Rutherglen, 7.15pm - 8.15pm

Thursday

Baby Cafe Rutherglen

No.18 Venue, Farmeloan Road,
Rutherglen, 9.30am - 11am

Coffee Afternoon

No.18 Venue, Farmeloan Road,
Rutherglen, 12.30pm - 1.30pm

DrumTastic Fitness Class

No.18 Venue, Farmeloan Road,
Rutherglen, 1.30pm - 2.15pm



Friday

Baby Cafe Cambuslang

Cambuslang Parish Church,
Arnott Way, Cambuslang,
10am - 11.30am

Dancercise Cambuslang

Cambuslang Parish Church,
Arnott Way, Cambuslang,
11.30am - 12.15pm



Qigong

No. 18 Venue, Farmeloan Rd,
Rutherglen, 1pm - 1.45pm

Board Games Club

No.18 Venue, Farmeloan Road,
Rutherglen, 2pm - 3.30pm

Energy Advice Drop-ins

**REGULARLY IN CAMBUSLANG
& RUTHERGLEN**

Call 07460 912709 to find one
near you!



PLUS...

Monday 7 Ally Bally Spring Fling

Join Ally Bally for an Easter Eggtravaganza
No.18 Venue, Farmeloan Road, Rutherglen,
Toddlers: 10am - 10.45am
Babies: 1.30pm - 2.15pm

Thursday 10 Kids Easter Camp

Hop & Bop - Easter-themed arts and crafts,
games & a fun-filled disco! For 5-11 year olds
No.18 Venue, Farmeloan Road, Rutherglen,
10am - 2pm

Thursday 24 Baby Massage

Learn to confidently massage your baby
No.18 Venue, Farmeloan Road, Rutherglen,
11am - 11.45am

Friday 25 CamGlen Radio 10th Anniversary Celebration + Gig

Join the celebrations of our community radio
station being 10 years on air!
No.18 Venue, Farmeloan Road, Rutherglen,
7pm - 10.30pm

Kids Easter Activities at Rutherglen Exchange

See us at Rutherglen Exchange Shopping
Centre, Main Street, Rutherglen
Tues 8 Apr, 3 - 3.30pm: Wicked dance routine
Tues 15 Apr, 12pm - 2pm: Easter Treasure Hunt

For all our activities, check out
our What's On page online

Find out more – call 0141 646 0123 or email enquiries@healthynhappy.org.uk

Book activities online via our What's On page:

www.healthynhappy.org.uk/whatson