

Upcoming Events

February 2024

What's On Weekly...



Monday

Ally Bally Boogie Baby

Explore stories through dance
11am - 11.45am

Sit Fit

Gentle movement class for seniors
1pm - 2pm

Kids Art Class

4pm - 5pm

Imaginative Art

6pm - 8pm



All at No. 18 Venue,
Farmeloan Road, Rutherglen

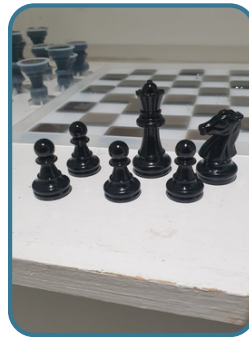
Tuesday

Essential Cycling Skills

Adult cycling lessons for all abilities
BikeTown, 5 Thomson Court,
Rutherglen, 10.30am - 12.30pm

***NEW* Chess & Chat Club**

Learn chess skills & meet like-minded people
No. 18 Venue, Farmeloan Rd,
Rutherglen, 3.30pm-4.30pm



Kids Drama Club

No. 18 Venue, Farmeloan Rd,
Rutherglen, 3.30pm - 4.30pm

Evening Walk

Glencairn Football Club,
Toryglen Rd, Rutherglen,
4pm - 6pm

Kettlercise

Effective kettlebell body-shaping exercise
No. 18 Venue, Farmeloan
Road, Rutherglen, 7pm - 8pm

Wednesday

Ally Bally Beats

Music & movement for wee ones
No. 18 Venue, Farmeloan Rd,
Rutherglen
10am - 10:45am (toddlers)
11:15am - 12pm (babies)



Wednesday cont'd

Growing Clubs

Clydesmill Community Fire
Station, Cambuslang: 10am -
12pm



Walk Way Us

West & Wardlawhill Church,
Western Ave, Rutherglen. 12:15-1.15pm

Dancercise

No. 18 Venue, Farmeloan Rd, Rutherglen,
1pm - 1.45pm

Thursday

Baby Cafe Rutherglen

For parents/carers of under 1s
No. 18 Venue, Farmeloan Road,
Rutherglen, 9:30am - 10:45am

Coffee Afternoons

Join us for a coffee & chinwag
No. 18 Venue, Farmeloan Road,
Rutherglen, 12.30pm - 1.30pm

Friday

Baby Cafe Cambuslang

Cambuslang Parish Church,
Arnott Way, Cambuslang,
10am - 11.30am

Qigong

No. 18 Venue, Farmeloan Rd
Rutherglen, 1 - 2pm



Craft Club

No. 18 Venue, Farmeloan Rd,
Rutherglen, 2pm - 3.30pm

Saturday

Kids Cycle Lessons

4-6 year olds - 10.30-11.15am
7-12 year olds - 11.45am - 12.30pm
BikeTown, Thomson Court, Rutherglen
* * * NOT ON SAT 24 FEB * * *

Fix Your Own Bike

We'll lend you the tools you need!
BikeTown, Thomson Court, Rutherglen
11am - 3pm

PLUS...

Saturday Adult Cycle 10 + 17 Lessons

BikeTown, 5 Thomson Court,
Rutherglen, 2 - 4pm

Wednesday

14 'Love Story' Kids Workshop

Join us for terrific Taylor Swift-themed mid term fun! For primary school age.
No. 18 Venue, Farmeloan Road,
Rutherglen, 10am - 12.30pm

Thursday CamGlen 15 Bookclub

Join a fun review of our latest book
No. 18 Venue, Farmeloan Road,
Rutherglen, 11am - 12pm

Friday CamGlen 18 Concerts - Dopey Monkey

Brilliant brass duo, with super storytelling!
No. 18 Venue, Farmeloan Road,
Rutherglen, 6.30 - 8pm

Sunday CamGlen 25 Concerts - Robin Michael

An amazing afternoon of cello music
No. 18 Venue, Farmeloan Road,
Rutherglen, 12.30 - 2pm

Monday Kids Art 26 Exhibition

Amazing showcase from our kids art class!
No. 18 Venue, Farmeloan Road,
Rutherglen, 3.30 - 6pm

For all our activities, check out our What's On page online

Find out more – call 0141 646 0123 or email enquiries@healthynhappy.org.uk

Book activities online via our What's On page:

www.healthynhappy.org.uk/whatson



Healthy n Happy Community Development Trust Charity No. SC032654